

Colleen Louw publications

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- Louw A, Landrus R, Benz P, **Louw C**, et al. Behavior Change Following Pain Neuroscience Education in Middle Schools: A Public Health Trial. International Journal of Environmental and Public Health. 2020;May 2020 - Accepted for publication
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- **Louw C**, Louw, A., Maywhort, K., Collins, B., Keatts, A., Podolak, J., Louw, H., Cox, T. Dry Needling and Pain Drawings: An Exploratory Study. Annals of Physiotherapy and Occupational Therapy. 2023;6(1):1-8.
- Louw A, Moyer H, Bernier C, **Louw C**, et al. Graded Motor Imagery and Fall Risk in Older Adults: An Exploratory Case Series. Annals of Physiotherapy and Occupational Therapy. 2024;7(4):1-10.

Colleen media core for the American Physical Therapy Association

- **WebMD:** <https://www.webmd.com/pain-management/news/20240628/what-olympians-can-teach-us-about-pain>
- **AOL:** <https://www.aol.com/news/wedge-pillows-actually-help-back-195408791.html>
- <https://www.washingtonpost.com/wellness/2024/03/04/back-pain-therapy-exercise-relief/>.
- **Consumer Reports:** https://www.consumerreports.org/health/back-pain/best-ways-to-ease-back-pain-a5827060008/?itm_source=parsely-api
- **Realsimple:** <https://www.realsimple.com/how-to-shovel-snow-without-throwing-out-your-back-8426891>
- **NY Times:** <https://www.nytimes.com/2022/07/21/well/travel-tips-back-pain-neck.html>
- **Consumer Reports:** <https://www.consumerreports.org/back-pain/new-ways-to-ease-back-pain-a1076359102/>

- **Real Simple:** <https://www.realsimple.com/health/fitness-exercise/stretching-yoga/tech-neck-muscle-tension>